

CAMPS & CLINICS

We have had an unfortunate computer and back-up drive failure which has put us behind in entering results and points. Hopefully we will be able to catch up soon. Our back-up drive is currently in California and again hopefully they will be able to retrieve all our web page data. In the meantime we are making new pages such as this one and a new points schedule page.

USA CYCLING TALENT SEARCH

The inaugural USA Cycling National Talent Search, powered by Racermate has been extended to May 7th. The talent search program is designed to help identify the nation's young athletes (boys and girls), age 15-18 years old) with the raw potential to join USA Cycling's top tier, the USA National Cycling Team. The top performers in a 20km (12.5 miles) time trial simulation test will be invited to USA Cycling Regional Development Camps in their regions in June.

USA Cycling and RacerMate, Inc. have responded to requests from the 15 Multi-Rider centers participating nationwide to extend the deadline for gathering the test data of the 20-kilometer time trial. "Rather than rush to finish the program and perhaps leave some athletes unable to qualify in time, USA Cycling and RacerMate would rather revise the program," said Sam Callan, USA Cycling manager for the program.

An optional eight-week training program had been suggested as part of the USA Cycling/RacerMate National Talent Search. Organizers would like to stress that this program is optional, not mandatory, for young cyclists who wish to discover their raw potential. "A lot of athletes out there, not only cyclists but cross country and endurance track runners, might be surprised by how much cycling potential they have," commented Chuck Wurster, the Vice President of RacerMate, Inc.

The athletes are being tested at designated USA Cycling National Talent Search Centers throughout the United States using RacerMate's Velotron electronic bicycle ergometer/trainer. The test on the Velotron consists of a realistic bicycling simulation using the actual topography of the course to be used July 13th for the National Championships at the USA Cycling National Festival at Seven Springs in Pennsylvania. The primary focus of the test is the athlete's time and power output over the simulated 20km time trial course.

USA Cycling Regional Development Camps - Dates and Locations:

June 10-15: Greenville, SC

June 17-22: Kutztown, PA

June 24-29: La Crosse, WI

USA Cycling Talent Search Centers:

Connecticut: Fabish Sport (Paul Fabish), 688 Route 32, North Franklin, CT 06254, 860-642-6298

Massachusetts: Fast Splits (Karl Small), 1365 Washington St, West Newton, MA 02465, 617-969-0608

Massachusetts: Incline Training (Jay Gump), 235 Greenfield Rd, S Deerfield, MA 01373, 413-397-9990

New York: City Coach (Jonathan Cane), 402 5th Street, Brooklyn, NY 11215, 917-602-3917

Pennsylvania: Breakaway Bikes (Joe Wentzell), 1923 Chestnut St, Philadelphia, PA, 215-568-6002

Pennsylvania: Cadence Cycling (Brian Walton), 4323 Main St, Philadelphia, PA, 215-508-4323

Maryland: Quest Sports Center (Simon Bartlett), 436 Chinquapin Round Rd, Annapolis, MD, 410-626-1566

Illinois: Smart Cycling Bike Shop (Stephen Thordarson), 2300 Lehigh Ave, Glenview, IL 60137, 847-902-1604

Illinois: Vision Quest (Robbie Ventura), 33147 N Lakeshore Drive, Wildwood, IL 60030, 847-543-0913

Michigan: Fraser Bicycle & Fitness (Randy Hogue), 34501 Utica, Fraser, MI 48026, 586-294-4070

More information about this program is available at one of the following websites or by calling the above contacts: www.usacycling.org; www.racermateinc.com; Sam Callan of USA Cycling at scallan@usacycling.org (719-866-3365);

Chuck Wurster at chuck.wurster@computrainer.com (206-524-6625, ext 307)

ROAD RACING 101: An Introduction to Bike Racing

9am Saturday mornings (four weeks) – April 14 to May 5

Wompatuck State Park, Hingham, MA

For over 25 years weekly training races in Wompatuck State Park have offered South Shore racers a chance to stretch their legs, test their strength and hone their skills. Wednesday night races have been reserved for Category 4 and 5 racers – a great opportunity for newer racers to jump right in.

This year, sponsors Mass Bay Road Club and the Bicycle Link are going a step further by offering Road Racing 101, a series of Saturday morning workshops designed to teach new racers the bike handling and racing skills all racers need.

This is your chance to learn and practice drafting and pack riding, cornering and sprinting. Together we will discuss the rules of road racing and look at every step of entering your first race. We will examine individual and team tactics – and put them to the test on the “crit” course in Wompatuck.

If you find yourself pushing the pace on every ride, sprinting for town signs and wondering about lining up for your first race, Road Racing 101 is for you.

Space is limited so sign up early and get ready to race!

John Stonebarger

508-747-4725

jStonebarger@tufts-nerac.org

www.massbayroadclub.org/RR101.htm

NEBC 2007 Introduction to Bicycle Road Racing Program

2 Evening Classroom Sessions 7:00-8:30pm – April 4th and April 18th

4 Saturday Morning Sessions 10:00am-1:00pm – April 7th, 14th, 21st and 28th

Back for its 15th year, this program teaches the fundamental skills of bicycle road racing. Included in the skills taught are pacelines, pack riding skills, bike handling, cornering, sprinting, climbing and descending. The program also introduces training methods, tactics and strategies for successful bike racing. The program culminates with a “graduation exercise,” where we bring you to an actual race to try out your newly learned skills.

This program is recommended for anyone that already has bicycle riding skills and experience, but wants to take it to the next level and enter the world of road racing. More information and a downloadable registration form can be found at the NEBC web site: www.northeastbicycleclub.org/home/events/?c=clinic.